

**“Heart to Heart with Anna”
Guest Bio Template**

Either you can write a 150-word bio yourself, or you can fill in the blanks with the following information and I'll put one together for you:

Name:

Email, Facebook name (if applicable), and phone number(s):

Date of Birth:

CHDs and surgeries (if appropriate):

Why you are the perfect Guest to be on this show:

Any other pertinent information (if you are a parent, name and ages of other children; if you are an ACHDer, your heart condition right now, especially if on the transplant list or just recently had surgery; if you are a professional, please let me know what hospital you're affiliated with and any professional information that is pertinent to the show):

Sample Guest Bios:

A Survivor/ACHDer From “Adults with Congenital Heart Defects on Motherhood”

Michelle Pagan is mom to twin heart-healthy girls, Risa and Nallie, with the help of a fantastic gestational surrogate. She also works full time as an attorney specializing in IT. Michelle was born with a form of tetralogy of Fallot, pulmonary atresia with ventricular septal defect (PA-VSD) and multiple aorto-pulmonary collaterals (also known as MAPCAs or collaterals). Cyanotic her entire life, she underwent her first palliative open-heart surgery at age 26, with another open-heart surgery at 30 years of age. She and her husband tried for 5 years to stay pregnant, as they suffered through 6 miscarriages due to unknown reasons, before turning to adoption and then gestational surrogacy.

A Parent From “Making Memories Everyday with our CHD Families”

Kathy Baker is a wife, and a full time mother to two amazing boys Aidan and Jacob. Jacob was prenatally diagnosed with HLHS and an intact atrial septum. The Baker family traveled from West Virginia to Philadelphia for Jacob's birth and surgeries. He required immediate intervention and has battled airway issues along with his heart condition. Jacob has had 3 open heart surgeries and a complete airway reconstruction along with countless other procedures. He has struggled with speech delays but is making great progress. Despite all of his challenges Jacob is now a rambunctious four year old who loves trains and playing with his older brother, Aidan. As a family they love making memories by celebrating even the smallest of holidays. The Baker's love doing crafts and snapping tons of pictures of everyday adventures. Jacob has a blog dedicated to his journey at www.jacobsspecialheart.blogspot.com.

A Professional From “Failure to Thrive: Oral Aversions and Nutrition”

Kristi King is a senior pediatric dietitian at Texas Children's Hospital and a clinical instructor at Baylor College of Medicine, providing nutrition counseling to children and their families, specializing in chronic malabsorptive and intestinal conditions. Kristi King was an essential member of the development of Baylor College of Medicine's two-week nutrition and physical activity-based summer weight loss camp for obese children. She serves as a co-investigator for nutrition research projects including quality improvement, obesity and nutrition support. Kristi King is a frequent speaker to health professionals and the public, in both local and national settings, and serves as a nutrition expert and advisory board member for many community and health organizations, as well as, a media Spokesperson for the Academy of Nutrition & Dietetics. She is a graduate of Florida State University and earned a master's degree in public health from the University of Texas.